



PRIMARY & SECONDARY CROSS COUNTRY CHAMPIONSHIPS FRIDAY 21 JUNE 2024 **BENALLA SHOWGROUNDS** ARUNDEL ST STH, BENALLA

ELIGIBILITY

Competing athletes including Multi Class athletes are those nominated by the SSV Divisions of Hume Region

Competing athletes including athletes with a disability are those nominated by the SSV Divisions. In '12/13 Years' – '17-20 Years' events each SSV Secondary Division, in each race, will enter the top 12 individual runners plus any winning School Team runners (eg. runner #3 & /or #4) outside the top 12. All team members are also entered in the individual competition.

In '9/10 Years' – '12/13 Years' events, each SSV Primary Division is entitled to enter, in each race, a maximum of 12 individuals.

12/ 13 PRIM = 12/13 Primary students

ie students must be turning 12 or 13 in the year of competition, attend a Full or Associate member Primary School and competed in the 12 /13 Primary race at Division level.

12/ 13 SEC = 12/13 Secondary students

ie students must be turning 12 or 13 in the year of competition, attend a Full or Associate member Secondary School and competed in the 12/13 Secondary race at Division level.

Race Times

10.30am	9 / 10 Boys & MC Primary	2000m	10.35am	9 / 10 Girls & MC Primary	2000m
11.00am	11 Boys	3000m	11.05am	11 Girls	3000m
11.30am	12/13 Boys PRIMARY	3000m	11.35am	12/13 Girls PRIMARY	3000m
12.00	12/13 Boys / Mixed SECONDARY	3000m	12.05pm	12/13 Girls SECONDARY	3000m
12.30pm	14 Boys / Mixed & MC Secondary	3000m	12.35pm	14 Girls & MC Secondary	3000m
1.00pm	15 Boys / Mixed	3000m	1.05pm	15 Girls	3000m
1.30pm	16 Girls	3000m	1.30pm	17-20 Girls	3000m
1.50pm	16 Boys / Mixed	5000m	1.50pm	17- 20 Boys	5000m

Entries:

Once all Division entries have been received, a full list of entries will be sent to schools for checking. Entries will not be posted on the SSV Hume Region Cross Country Web Page.

Invitations

Schools may apply for an invitation for competitors provided they meet the eligibility clause(s) which can be found on the SSV website or on the link below. The invitation request must be completed before Friday 14 June 2024. [SSV Interschool Sport Invitation Request Form \(jotform.com\)](http://jotform.com)

Multi Class Athletes

Events for athletes with a disability (excluding wheelchair athletes) will be conducted concurrently with the following events:

Girls 9-10, 11 and 12-13 Multi Class (MC) Primary with Girls 9/10 Years:

Boys 9-10, 11 and 12-13 Multi Class (MC) with Boys 9/10 Years

Girls 12-14, 15-16 and 17-20 Multi Class (MC) Secondary with Girls 14 Years:

Boys 12-14, 15-16 and 17-20 Multi Class (MC) Secondary with Boys 14 Years

Each Multi Class competitor MUST have competed at the Division level.

MC events will be conducted using the multi disability format for both boys and girls and results calculated using the Athletics Australia Multi Disability Standards (MDS) tables.

Students must hold a current classification. Students without a classification must contact the Australian Paralympic Committee (see contact details on the SSV website)

Race numbers

ALL STUDENTS NEED TO REGISTER AT THE SHED BESIDE THE BENALLA RESERVE AND WILL BE ISSUED A RACE NUMBER BIB.

BIBS NEED TO BE PINNED ON THE FRONT OF RUNNING SHIRTS AND THEN RETURNED AT THE END OF THE RACE.

Protests & Corrections

Protests concerning the conduct of an event must be lodged orally with the Referee immediately an issue/concern arises. After the Referee has made his/her decision, there is an opportunity to lodge an appeal in writing with the convener. There is an appeal fee of AUD\$50 cash to accompany any appeal. Presentations will be withheld whilst any protest or appeal is being heard.

There will be a ten-minute opportunity for protests over results or corrections to be lodged with the convener.

After 10 minutes, if there are no protests or appeals of any kind or corrections, presentations will be made to the individuals and team placegetters.

Protests received after the 10-minute period has elapsed and presentations have been made will not be heard.

Pets

Dogs are not welcome at the venue

Privacy

Results will be published on the School Sport Victoria web site.

Dress

Students must wear appropriate athletic uniform.

Spiked footwear, football boots and other cleated footwear is NOT permitted.

Competitors not correctly dressed will not be permitted to compete.

Warming Up

Warming up is NOT permitted on the course.

Walking the course prior to the start of competition is permitted.

Rules

Ages are calculated as of December 31, 2024. Competing athletes may compete in only one age group for which they are eligible.

Athletes turning 8 years of age in the year of competition are not eligible to compete in the 9/10 Years events.

The course will be marked with flags and cones. Officials will be located at various points around the course. The course is subject to alteration at any time.

IAAF Rules only allow an athlete to carry a watch and/or a 'Ventolin' inhaler. Athletes being paced are subject to disqualification.

Disqualifications

Checkpoint officials will refer any competitor to the referee who deviate from the course to gain an advantage or who are not putting in a reasonable effort (who are walking) or who are being 'paced' by a coach/spectator.

Shelter

There is very little shelter at the venue. Schools are encouraged to bring their own shelter.

Bus and car parking

There is some parking onsite and across the road at Benalla Gardens and across the bridge at the rear of the council offices.

First Aid

Qualified first aid personnel will be in attendance.

Food and Drink

There will be none available onsite, but the main street is within walking distance.

Presentations

Presentations will be made to the winning and runner up team (secondary only) and first 3 individual place getters 10 minutes after the conclusion of the event. Information will be given to SSV Cross Country qualifiers.

SSV State Qualification

In '12/13 Years' – '17-20 Years' events each SSV Secondary Region, in each race, will enter the top 12 individual runners plus any winning School Team runners (eg. runner #3 & /or #4) outside the top 12. All team members are also entered in the individual competition.

In '9/10 Years' – '12/13 Years' events, each SSV Primary Region, in each race, maximum of 12 individuals.

More information can be found on the SSV website: Regions / Hume / Sports / Cross Country

Convenors

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